## "We will give ourselves continually to prayer." Acts 6:4

An acrostic on Prayer:

Praise Repentance Asking for others Your needs

## A Meditation on Psalm 103

Praise the Lord O my soul; all my inmost being, praise His holy name.

Psalm 103:1-9

As you meditate on the verses above, what thoughts of the Psalmist lead you to love and admire your Lord?

He does not treat us as our sins deserve or repay us according to our iniquities.

Psalm 103:10-12

Do you need to ask for cleansing?

For He knows how we are formed. He remembers that we are dust.

Psalm 103:13-18

Think of someone you would like God to bless!

The Lord has established His throne in heaven, and His kingdom rules over all.

Psalm 103:19-22

What would you like to ask God to do for you today?

If you are filled with the Spirit and walk in the Spirit, you will pray in the Spirit. Eph. 1:18-23